

Self-Awareness



Developing Self-Awareness	<ul style="list-style-type: none">• Giraffes Can't Dance by Giles Andreae• Chrysanthemum by Kevin Henkes• It's Okay to be Different by Todd Parr• The Name Jar by Yangsook Choi• Hooray for You! A Celebration of You-ness by Marianne Richmond
Building Confidence	<ul style="list-style-type: none">• I'm Gonna Like Me by Jamie Lee Curtis• Amazing Grace by Mary Hoffman• ExclamationMark by Amy Krouse Rosenthal• I Like Me! By Nancy Carlson• Zero by Kathryn Otoshi
Understanding Emotions	<ul style="list-style-type: none">• Visiting Feelings by Lauren Rubenstein• Jabari Jumps by Gaia Cornwall• The Way I Feel by Jonan Cain• The Color Monster by Anna Llenas• In My Heart: A Book of Feelings by Jo Witek
Good Character	<ul style="list-style-type: none">• Call it Courage by Armstrong Sperry• The Boy Who Cried Bigfoot by Scott Magoon• A Day's Work by Eve Bunting• Great Joy by Kate DiCamillo• The Lion and the Mouse by Jerry Pinkney
Growth Mindset	<ul style="list-style-type: none">• The Girl Who Never Made Mistakes by Kobi Yamada• Beautiful Oops by Barney Saltzberg• The Dot by Peter H. Reynolds• Ish by Peter H. Reynolds• The Most Magnificent Thing by Ashley Spires
Positive Thinking Skills	<ul style="list-style-type: none">• What Does It Mean to Be Present? By Rana DiOrio• A Handful of Quiet: Happiness in Four Pebbles by Thich Nhat Hanh• Be Positive! By Cheri J. Meiners and Elizabeth Allen• Incredible You! By Wayne Dyer and Kristina Tracy• I Think, I Am! By Louise Hay
Hopes and Dreams	<ul style="list-style-type: none">• Hiromi's Hands by Lynne Barasch• Rosie Revere, Engineer by Andrea Beaty• Big Al by Andrew Clements• Matthew's Dream by Leo Lionni• The Wonderful Things You Will Be by Emily Winfield Martin

Self-Management



Study Habits	<ul style="list-style-type: none">• Farmer Duck by Martin Waddell• Planning Isn't My Priority by Julia Cook• Don't Forget the Bacon by Pat Hutchins• See You Later, Procrastinator! By Pamela Espeland and Elizabeth Verdick
Staying Organized	<ul style="list-style-type: none">• The Berenstain Bears and the Messy Room by Stan and Jan Berenstain• It Was Just Right Here! By Bryan Smith• Get Organized Without Losing It by Janet S. Fox
Self-Control	<ul style="list-style-type: none">• Interrupting Chicken by David Ezra Stein• How to Be a Superhero Called Self-Control by Lauren Brukner• What If? by Collen Doyle Bryant• What Were You Thinking? Learning to Control Your Impulses by Brian Smith
Managing Emotions	<ul style="list-style-type: none">• Millie Fierce by Jane Manning• The Grouchy Ladybug by Eric Carle• Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst• Llama Llama Mad at Mama by Anna Dewdney
Calming Strategies	<ul style="list-style-type: none">• Wemberly Worried by Kevin Henkes• Stress Can Really Get on Your Nerves! By Trevor Romain• You Get What You Get by Julie Gassman• I Can Handle It! By Laurie Wright
Developing Goals	<ul style="list-style-type: none">• The Little Engine that Could by Watty Piper• A Chair for My Mother by Vera B. Williams• Ruby's Wish by Shirin Yim Bridges• Salt in His Shoes by Deloris Jordan
Perseverance and Resilience	<ul style="list-style-type: none">• Salt in His Shoes by Deloris Jordan• Brave Irene by William Steig• Apples to Oregon by Deborah Hopkinson• Unstoppable Me! By Dr. Wayne W. Dyer• Wilma Unlimited by Kathleen Krull• The Most Magnificent Thing by Ashley Spires

Social Awareness



Social Expectations	<ul style="list-style-type: none">• Time to Say Please by Mo Willems• Manners by Alik• My Mouth is a Volcano by Julia Cook• How to Speak Politely and Why by Munroe Leaf• The Thingumajig Book of Manners by Irene Keller• I Want to Win by Tony Ross
Social Cues	<ul style="list-style-type: none">• Personal Space Camp by Julia Cook• Decibella and Her 6-Inch Voice by Julia Cook• Clark the Shark by Bruce Hale
Respect	<ul style="list-style-type: none">• David Goes to School by David Shannon• The Way I Act by Steve Metzger• Respect and Take Care of Things by Cheri J. Meiners
Perspective-Taking	<ul style="list-style-type: none">• Just Because: Where Seeing Another Point of View Makes a Better You by Amber Housey• How Do I Stand In Your Shoes? By Susan DeBell• The Girl Who Thought in Pictures by Julia Finley Mosca
Empathy	<ul style="list-style-type: none">• The Invisible Boy by Trudy Ludwig• The Bicycle Man by Allen Say• Do Unto Otters by Laurie Keller• Stand In My Shoes by Bob Somson• Zen Ties by Jon J. Muth
Showing Kindness	<ul style="list-style-type: none">• Each Kindness by Jacqueline Woodson• Those Shoes by Maribeth Boelts• Pinduli by Janell Cannon• Good People Everywhere by Lynea Gillen• Kindness Starts with You by Jacquelyn Stagg• A Chair for My Mother by Vera B. Williams
Celebrating Diversity	<ul style="list-style-type: none">• Strictly No Elephants by Lisa Mantchev• If the World Were a Village by David J. Smith• Stand Tall, Molly Lou Melon by Patty Lovell• Sam, Sam But Different by Jenny Sue Kostecki-Shaw• Smoky Night by Eve Bunting• Wings by Christopher Myers

Relationships



Friendship Skills	<ul style="list-style-type: none">• How to Lose All Your Friends by Nancy Carlson• Making Friends is an Art by Julia Cook• Love Monster and the Last Chocolate by Rachel Bright• Jessica's Box by Peter Carnavas• Louise and Andie: The Art of Friendship by Kelly Light
Conversations	<ul style="list-style-type: none">• Why Should I Listen? By Claire Llewellyn• Lacey Walker, Nonstop Talker by Christianne C. Jones• Amelia Bedelia by Peggy Parish• Howard B Wigglebottom Learns to Listen by Howard Binkow
Including Others	<ul style="list-style-type: none">• The Boy Who Wouldn't Share by Mike Reiss• Rulers of the Playground by Joseph Kuefler• A Sick Day for Amos McGee by Philip C. Stead• The Invisible Boy by Patrice Barton• Same Same But Different by Jenny Sue Kostecki-Shaw
Working with Others	<ul style="list-style-type: none">• Swimmy by Leo Leoni• Little Blue Truck by Alice Schertle• The Giant Jam Sandwich by John Vernon Lord• Yes We Can! By Sam McBratney• Farmer Duck by Martin Waddell and Helen Oxenbury• Stone Soup by Jon J. Muth
Getting Along with Others	<ul style="list-style-type: none">• Pass It On by Sophy Henn• We Can Get Along by Lauren Murphy Payne• Red: A Crayon's Story by Michael Hall• Being Agatha by Anna Pignataro• Swimmy by Leo Leoni
Conflict Resolution	<ul style="list-style-type: none">• Eat Your Peas by Kes Gray• Sharing a Shell by Julia Donaldson• There's a Bear on my Chair by Ross Collins• Where the Wild Things Are by Maurice Sendak• Iris and Isaac by Cheterine Rayner
Making Up for Mistakes	<ul style="list-style-type: none">• Lilly's Purple Plastic Purse by Kevin Henkes• Martha Doesn't Say Sorry! By Samantha Berger• Zach Apologizes by William Mulcahy• I Did It, I'm Sorry by Caralyn Buehner

Decision-Making



Being Responsible	<ul style="list-style-type: none">• The Paperboy by Dav Pilkey• I Just Forgot by Mercer Mayer• Arthur's Pet Business by Marc Brown• The Emperor's Egg by Martin Jenkins• The Way I Act by Steve Metzger
Making Good Choices	<ul style="list-style-type: none">• What If Everybody Did That? By Ellen Javernick• Do Unto Otters by Laurie Keller• Making Smart Choices by Lucia Raatma• Land of Or by Katie Mullaly
Owning Your Choices	<ul style="list-style-type: none">• I'm in Charge of Me! By David Parker• Ordinary Mary's Extraordinary Deed by Emily Pearson• Two Bad Ants by Chris Van Allsburg• Nanette's Baguette by Mo Willems
Peer Influence	<ul style="list-style-type: none">• The Juice Box Bully by Bob Somson and Maria Dismondy• One by Kathryn Otoshi• The Hueys in the New Sweater by Oliver Jeffers• A Bad Case of the Stripes by David Shannon• Bully on the Bus by Carl W. Bosch
Problem-Solving	<ul style="list-style-type: none">• What Do You Do With a Problem? By Kobi Yamada• Sarabella's Thinking Cap by Judy Schachner• Your Fantastic Elastic Brain by JoAnn Deak• Not a Box by Antoinette Portis• Iggy Peck, Architect by Andrea Beaty
Healthy Habits	<ul style="list-style-type: none">• The Pigeon Needs a Bath! By Mo Willems• I Will Never NOT Ever Eat a Tomato by Lauren Child• Good Night Yoga by Mariam Gates• You are Healthy by Todd Snow
Reflecting on Choices	<ul style="list-style-type: none">• David Gets in Trouble by David Shannon• Lilly's Purple Plastic Purse by Kevin Kenkes• Beautiful Oops! By Barney Saltzberg• After the Fall by Dan Santat